



Empathy  
Understanding how others  
feel

# November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Red Ribbon Week</b> —>	<b>School starts @ 7:40 am and ends at 2:40 pm. Anime day</b>	<i>Students should not arrive before 7:10 am, there is no one on duty. Halloween Contest</i>	<i>1 Teacher/student swap day Flu Shot @ TCJHS VB v. Page( H)</i>	<i>2 Twins Day  Afterschool tutoring</i>	<b>3. Wear Red for Red Ribbon Week.</b> <i>Listen for Meaning: Block out text/talk! Eye contact to stay focus, Listen until the end</i>	<b>4 6th Saturday Academy</b> <i>Wrestling @ Window Rock Invite VB v. Kayenta (away)</i>
<i>5 Show someone how you can actively listen to them by leaning in and making eye contact.</i>	<b>6 Early Dismissal Staff PD</b>  <i>VB V. Kaibeto (H)</i>	<b>7 Family Connection</b> <i>What did a family member say? Be sure you've got it right; repeat it.</i> Election Day	<i>8 7th Grade family night @ TCJHS Cafeteria from 5:30 to 6:30 pm VB V. Red Mesa (A)</i>	<i>9 ELL Family Night Show friends you care! Listen to understand what they're saying</i>	<b>10 No School</b>	<i>11 Veterans Day</i>
<i>12 When you talk to someone? Are you thinking about what they're saying</i>	<i>13 VB V Hopi (H)</i>	<i>14  Afterschool tutoring</i>	<b>15 Early Dismissal PTC</b>  <i>VB v. TCBS (H)</i>	<b>16 Early Dismissal TCJHS PTC</b> <i>1-4 pm 4-5 pm Dinner Break 5 pm—7 pm</i>	<b>17 Amy Begay—Ms. Navajo Nation Presentation</b>	<i>18 Wrestling @ Ganado VB V. Pinon</i>
<b>19 ENJOY YOUR BREAK BE SAFE</b>	<b>20 NO SCHOOL</b>	<b>21 THANKS- NO SCHOOL</b>	<b>22 GIVING NO SCHOOL</b>	<b>23 BREAK NO SCHOOL BE SAFE</b>	<b>24 NO SCHOOL</b>	<b>25 ENJOY YOUR BREAK BE SAFE</b>
<i>26 When you're listening, it's helpful to take notes and ask questions. Its easier to recall things later.</i>	<i>27 VB @ Kayenta</i>	<i>28  Afterschool tutoring Wrestling at Kayenta</i>	<b>29 Pause to focus on the world around you. Close your eyes and listen</b>	<b>30</b> <i>Afterschool tutoring</i>	<b>Which of these do you need to be a good active listener? Your ears, eyes, heart</b>	<b>Visit the TCJHS website weekly for updates</b>