

Building a Growth Mindset in School Culture

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What is INTELLIGENCE?

When you get bad test scores back, does this reflect back on student intelligence?

Educate Staff About the Malleability of the Brain

- We can train our brain to have an optimistic perspective, thanks to neuroplasticity.
- Teaching students to use "self-talk" to practice positive thinking.

- Educate Staff About the Malleability of the Brain



- Because of new studies and scientific brain research that we now think differently about children and their potential, so teachers should not feel guilty about past practices.
- Instead, they can and should look forward – a growth mindset can be cultivated and shifted from a fixed belief.

Educate Staff About Praise for Students

- Modifying or adding effort praise is all it takes to send a growth mindset message.
- "Children who are praised for their intelligence learn to value performance, while children praised for their effort and hard work value opportunities to learn".
- We all need to focus on ways to praise students who put forth the EFFORT and value them for that.

Educate Teachers About the Brain

Neurons make new connections when you learn something new. The more connections, the denser your brain is. The more density, the "smarter" you are.

It's important for teachers to constantly make connections to prior knowledge and experiences.

The more connections that are made during a learning sequence, the more physical changes occur in the brain by developing and strengthening neural paths.

Imagine the Rug as the BRAIN



Making New Connections as we're Learning New Things...



Our Classroom of Students whom made new connections.



Teach Students About the Brain

- Intelligence is not about the grade they get or the report card they receive, but based on effort, persistence, and motivation.
- Intelligence is something that grows as you use it and languishes if you don't.

Educate Parents

- Not only do educators need to be educated about malleable intelligence growth mindset, but parents need to be educated, as well.

Closure

What are the main ingredients you would use to bake a school culture growth mindset pie?